## **Fees**



We provide services on a sliding scale fee that is based on your household income

Therapy session range from **\$10 to \$80** per 50 minutes.

\$100 to \$750 depending on type of assessment. The price includes an intake, several assessment sessions as well as feedback and report.

We do not bill insurance companies or accept Medicare, Medicaid, or DSHS.

We are proud to partner with the VA to provide **no-cost** services for honorably discharged veterans and their families

Please contact us or go to our website to view our full fee schedule.
psychologyclinic.wsu.edu

## **Who We Are**

We are a not-for-profit community mental health outpatient clinic operated by the WSU Department of Psychology.

Our mission is fourfold:

- 1) Provide the highest quality training for our advanced clinical doctoral students as they continue to master evidence-based assessment and psychotherapy practices.
- 2) Provide low-cost, evidence-based psychological assessment and psychotherapy services for individuals and families in the Pullman, Moscow, and greater Palouse region.
- 3) **Promote research** to advance the assessment and treatment of mental disorders across the lifespan.
- 4) Promote and support education about science-based, cutting-edge, psychological assessment and treatment practices to the broader mental health provider community.

# WSU Psychology Clinic Adult Assessment and Therapy Services



Johnson Tower 362 PO Box 644820 Pullman, WA 99164

509-335-3587 psychology.clinic@wsu.edu psychologyclinic.wsu.edu

**After-hours crisis:** 1-800-663-2810

# **Therapy**



At the Clinic, we offer affordable, high quality and evidence-based therapy services.

#### Individual

Treatment is available on a one-onone basis in which clients meet weekly with their therapist to work on a variety of concerns ranging from mood to behavior concerns. Clients of **all ages** are welcome, from children to older adults.

#### Group

Sometimes, treatment groups are offered to provide treatment and community to individuals with similar presenting concerns.

Check out our website for info about our current groups!

#### **Couples**

Occasionally, couples therapy is available upon request.

Visit our website



## **Assessment**



Assessment services are available for **all ages**.

#### We offer assessments for:

- Attention Deficit/Hyperactivity
- Autism Spectrum Disorders
- Learning Disability/ Dyslexia
- Intellectual Disability
- Neuropsychological Concerns
- Diagnostic Clarification
- Personality Evaluations
- Psychological Evaluations

# **Service Provision**

**Telehealth** and **In-Person** Services are provided by clinical psychology doctoral candidates under direct supervision of licensed psychologists.

Clients must be in the State of Washington or Idaho during telehealth sessions.

## **Getting Started**

### **Therapy:**

- Call to schedule an intake
- During the intake, you will discuss your goals with a clinician and determine what is the best fit for you
- Sometimes, this means a referral to other local services

#### **Assessment:**

- Call to determine what type of assessment is most fitting for you
- The length of testing varies
- Reports take 2-3 weeks after the last session
- You will receive comprehensive feedback on your results

#### **Hours:**

Mon: 9 am - 5 pm
Tues/Thurs: 9 am - 7 pm
Wed: 9 am - 4 pm
Fri: 9 am - 3 pm
Sat-Sun: Closed

#### Summer Hours (May-July):

Mon/Wed/Thurs: 9 am - 4 pm Tues: 9 am - 7 pm Fri-Sun: Closed